



Ten Strategies to Building a  
Successful Career!

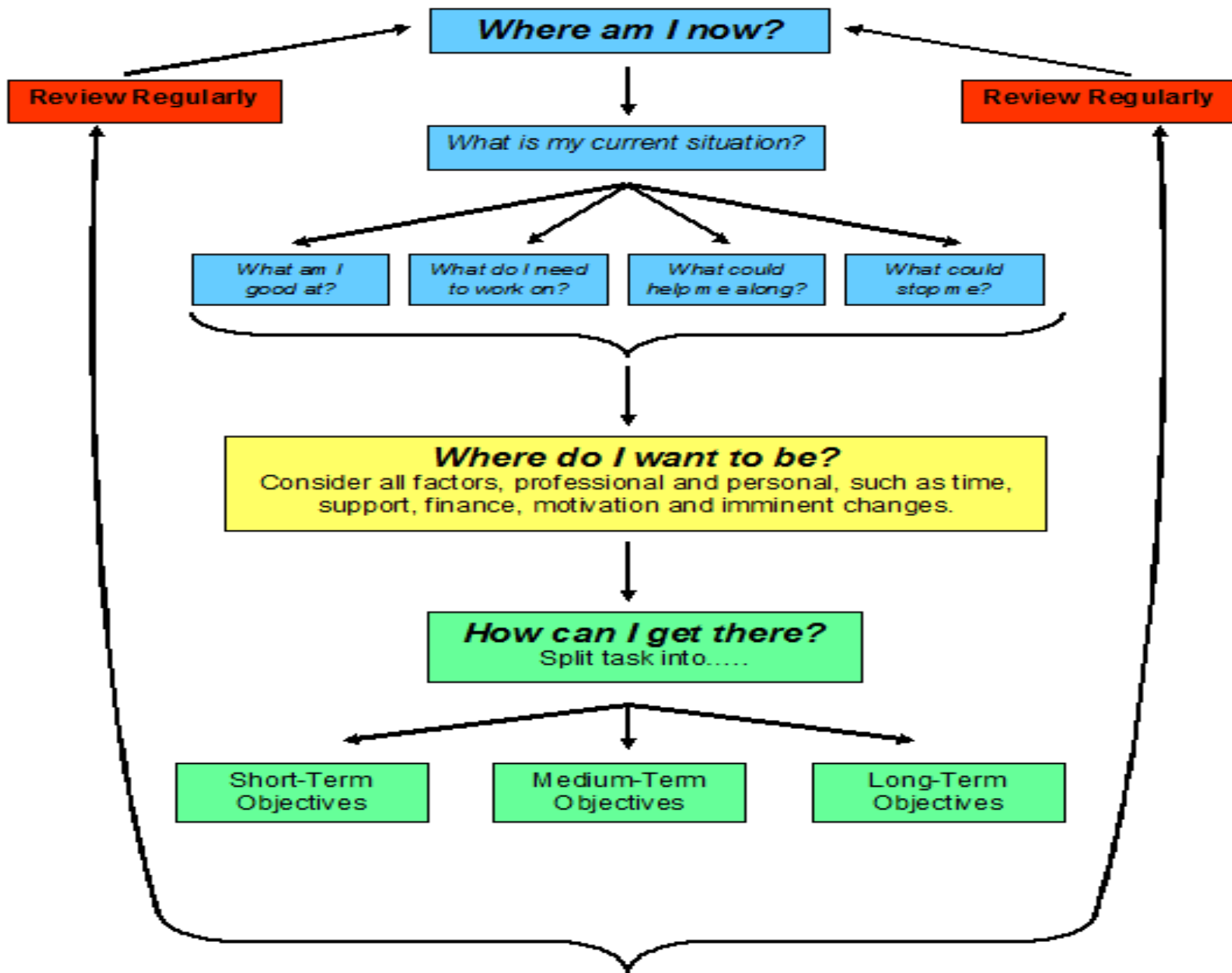
**Don't Rush!**

The following slides may just change your life!

# Step One

## Ask yourself

- ✓ Where am I now?
- ✓ Where do I want to be?
- ✓ How can I get there?



# Step Two

## Develop A Vision

### Imagine Your Ideal Working Day

Ask yourself these questions:

- ✓ What time of day is it?
- ✓ Where are you?
- ✓ What are you doing?
- ✓ Who are you working with?
- ✓ What about this work feels good?
- ✓ Who are you talking to for support?
- ✓ Who is paying you?
- ✓ How much are you getting paid?
- ✓ Why are they paying you instead of somebody else?

Is your image of your future self in sync with what you described as your best working day? If not, why not? Rewrite your description to fit your new vision of your future.

Source: [www.oprah.com](http://www.oprah.com)

# Step Three

## Determine Your Value

- ✓ Do you know what your most valuable skills are?
- ✓ Could you write an ad for yourself?
- ✓ Who are you helping?

These questions may be tough to answer but they are essential to gaining clarity around your brand. Once you know the answer, you are one step closer to **success**.

# Step Four

## Evaluate Your Circle

- ✓ Identify the negative people in your life. Negative people are those who are always complaining, always looking to blame someone else or point out faults.
- ✓ Identify the positive people in your life. Positive people always find the good in a situation and always find a way to bring joy to others.
- ✓ Identify the value-adders in your life. Who are the people who can be a resource to you in your time of need?
- ✓ Identify your dead weight. Who are the people who only take from you?

Once you have identified the personalities within your circle, helping or preventing you to grow and become your best self, you will be able to draw closer or separate from certain people as needed.

# Step Five

## Commit to the Plan

- ✓ Convince yourself there is no other option than to succeed.
- ✓ Apply what you've learned. Knowledge is not power until it's applied!
- ✓ Prioritize! Focus on what is important
- ✓ Hold nothing back – make a decision to go ALL IN to reach your goals.

# Step Six

## Willingness to Sacrifice

Sacrifice is the root of understanding what it means to truly love what you do. If you are not willing to sacrifice for your future, what else matters?

- ✓ Create a strategy that requires you to sacrifice to reach your goals.
- ✓ What are you willing to give up? T.V.? Sleep? Money? Time? Pride? Ego?



# Step Seven

## Tell Your Story

- ✓ Your story is the BEST way you can connect with others and build an authentic foundation to form a valuable relationship.
- ✓ Don't be afraid to share your life experiences with others. It is the key to differentiating yourself from your competitors. People can duplicate a product, but they can't duplicate you!
- ✓ Don't keep your goals a secret! If you are working on something, get an accountability partner – someone who will not hold back in telling you the truth!

# Step Eight

## Name Your Fear(s)

- ✓ Most people can't overcome their fears because they view fear as an experience rather than as an object. Example: Embarrassment vs. Lack of Preparation.
- ✓ Once you have named your fear and are truthful about the root of it, you will understand how to overcome it through building skill and technique.

An informed, knowledgeable person isn't fearful of what he/she is prepared to face.

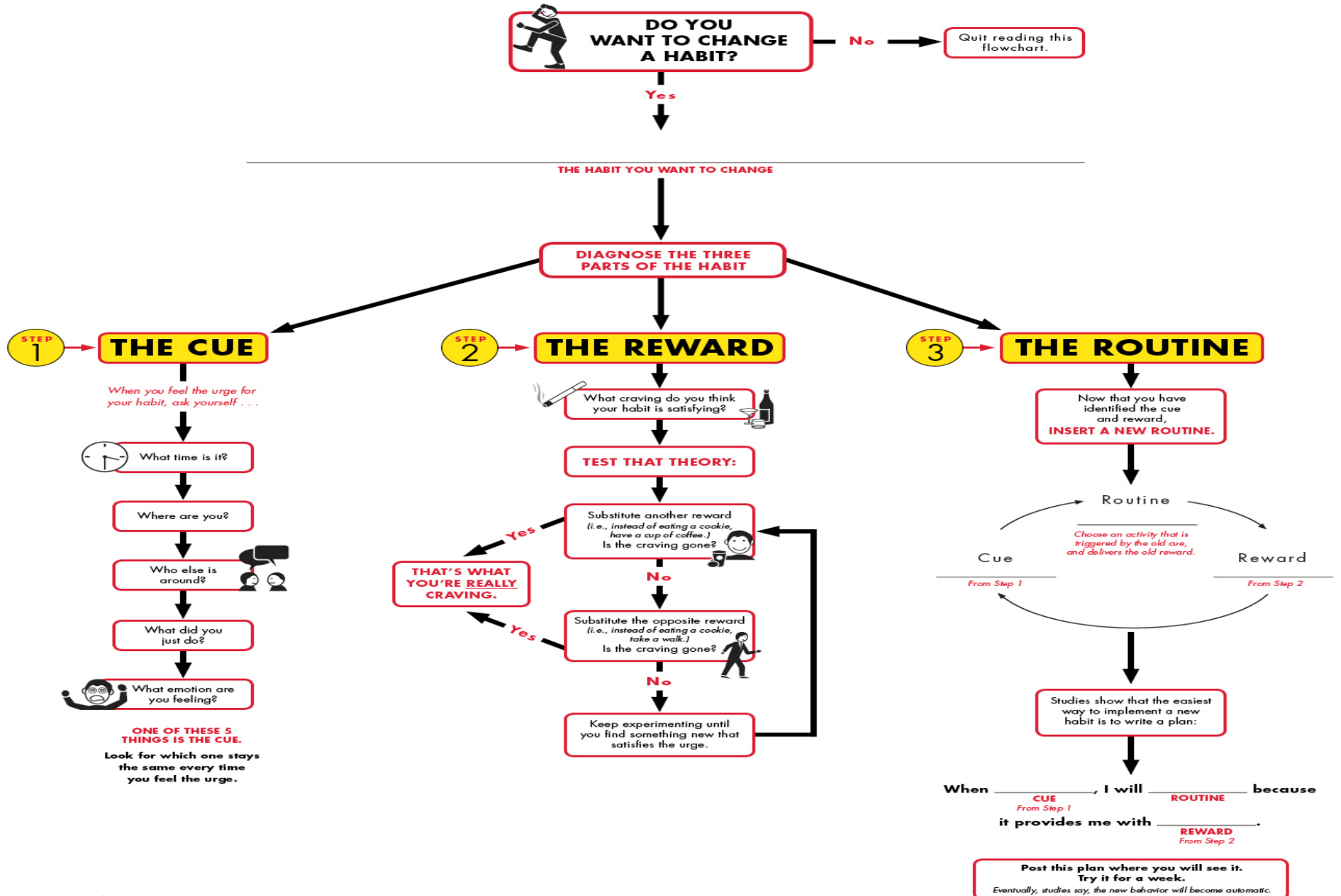
# Step Nine

## Form a Habit

Forming a habit requires willpower. Willpower is developed through controlling small patterns of behavior. Once you can consistently control the small patterns, your willpower becomes stronger.

- ✓ People who are unsuccessful in reaching their goals have not developed good habits to support their plans.
- ✓ If you want to get rid of a bad habit, you have to find out how to implement a healthier routine to yield the same reward. – Charles Duhigg, Author *The Power of Habit*

# HOW TO CHANGE A HABIT



Source: CharlesDuhigg.com

Product of Mary V. Davids, Growth Coach

# Step Ten

## Help Someone Else

**I am a strong believer in paying it forward.**

Once you have become successful in anything you must always find a way to pass the information on to someone else in need, much like I am doing now with you.

# Mary's Eight Affirmations

1. I will be successful
2. I will accomplish my goals
3. I have what it takes
4. I am willing to sacrifice
5. I deserve to have a happy life
6. I refuse to allow my situation to define who I am
7. I will use all available resources to my advantage
8. I have been through too much to give up now

*Recite these daily as needed. Get these positive thoughts into your subconscious and they will become the truth!*

# LET'S CONNECT!

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**Schedule your FREE 30-minute consultation  
today!**